

Care For Your Habit Appliance

- ~ When brushing your teeth, make sure to brush the appliance as well.
- ~ Avoid sticky foods such as chewing gum, taffy, candy apples, etc.
- ~ If appliance becomes loose call our office immediately for re-cementation of appliance.
- ~ The appliance remains in your child's mouth for six months, although, your child may break his or her habit before that time period.

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